

Transcript Details

This is a transcript of an educational program. Details about the program and additional media formats for the program are accessible by visiting: <https://reachmd.com/programs/beyond-skin-deep/counseling-strategies-to-help-psa-patients-cope-with-the-unexpected/11803/>

ReachMD

www.reachmd.com
info@reachmd.com
(866) 423-7849

Counseling Strategies to Help PsA Patients Cope with the Unexpected

Announcer:

You're listening to *Beyond Skin Deep: Impacts of Psoriatic Arthritis* on ReachMD, sponsored by Lilly. On this program, rheumatologist Dr. Joseph Huffstutter discusses how we can help patients manage the lifelong effects of psoriatic arthritis. Let's hear from Dr. Huffstutter now.

Dr. Huffstutter:

I think counseling every patient that I see is important, especially with a chronic illness like psoriatic arthritis. They need to understand the nature of the illness and try to get some buy-in, not only from the patients, but their support system. Their family, their friends can be key to patients' successful navigation of treating psoriatic arthritis. I'm certainly not a counselor, nor do I have any credentials in that regard, but I think every rheumatologist does a fair amount of that when we deal with any chronic disease, especially psoriatic arthritis. There's no cure for this, so that I think that patients need to understand they're going to have to take medicines for a long time, probably the rest of their lives, but it doesn't mean that they have to suffer the rest of their lives.

Announcer:

This was *Beyond Skin Deep: Impacts of Psoriatic Arthritis*, sponsored by Lilly. To revisit any part of this discussion and to access other episodes in this series, visit ReachMD.com/BeyondSkinDeep, where you can Be Part of the Knowledge. Thanks for listening!